

APRIL 2017

ACS Middle School Lunch Grade 6-8 \$2.25

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

April is named for the Greek goddess of love, Aphrodite. The name for the month of April originally came for Aprilis which means to open. The name Aprilis is very appropriate because in so many places the trees and flowers begin to bloom and go on to flower during the month of April.

3

Crispy Chicken Patty
on Wheat Bun

Shredded Lettuce
& Sliced Tomato
Baked Spiral Fries
Rosy Pears
Fresh Fruit Bowl

4

Taco Tuesday
w/ Meat & Cheese

Shredded Lettuce
& Diced Tomato
Refried Beans
Spanish Rice
100% Fruit Juice
Fresh Fruit Bowl

5

Pic-a-Pizza

1. Stuffed Crust
2. Mexican
3. Buffalo Chicken

Tossed Green Salad
w/ ChiChi Beans & Dressing
100% Fruit Juice
Fresh Fruit Bowl

6

Oven Baked Pork Chop
w/ Warm Dinner Roll

Mashed Potato & Gravy
Glazed Carrot Coins
Cinnamon Apples
Fresh Fruit Bowl

7

Crunchy Cheese Sticks
w/ Marinara Sauce

Veggie Assortment
Fruit & Juice Variety
Fresh Fruit Bowl

10

Spring Break

No School

11

Spring Break

No School

12

Spring Break

No School

13

Spring Break

No School

14

Spring Break

No School

17

Spring Break

No School

18

Big Daddy
Pepperoni Pizza

Seasoned Green Beans
Cinnamon Applesauce
Fresh Fruit Bowl

19

Buffalo Style
Chicken Finger Sub

Shredded Lettuce
& Sliced Tomato
Sauteed Spinach
100% Fruit Juice
Fresh Fruit Bowl

20

Baked Spirals
in Homemade Sauce
w/ Cheesesticks

Tossed Green Salad
w/ ChiChi Beans & Dressing
Pineapple Tidbits
Fresh Fruit Bowl

21

Warm Ham & Cheese
on Pretzel Bun
w/ SunChips

Homemade Chili w/ Beans
100% Fruit Juice
Fresh Fruit Bowl

24

Chicken Nuggets
w/ Dippin' Sauce
& Macaroni & Cheese

Steamed Broccoli Cuts
Rosy Pears
Fresh Fruit Bowl

25

Personal Pan
Pepperoni Pizza

Tossed Green Salad
w/ ChiChi Beans & Dressing
Mixed Fruit Cocktail
Fresh Fruit Bowl

26

Breakfast at Lunch

French Toast Sticks
w/ Warm Syrup & Sausage

Hash Brown
Orange Smiles
Fresh Fruit Bowl

27

Cheeseburger Sub

Shredded Lettuce
& Sliced Tomato
Glazed Carrot Coins
100% Fruit Juice
Fresh Fruit Bowl

28

Popcorn Chicken
w/ Dippin' Sauce
& Cinnamon Bun

Golden Corn Kernels
Diced Peaches
Fresh Fruit Bowl

A La Carte

Offered Daily: Cheese Pizza,
Peanut Butter & Jelly, Salad Plate,
Yogurt Plate, Fresh Fruit in Season.

*Milk is available with all
full lunch purchases.

Milk\$0.60
Cookies.....\$0.50
Lg. Cookies.....\$1.00
Ice Cream.....\$0.75
Chips.....\$0.75

*Unless otherwise noted, all
sandwiches are served on whole
wheat bread (when available).

The 2010 Dietary
Guidelines For
Americans recommend
that at least half of
your grains are whole.
For most people, that
translates into at least
48 grams daily.

**USDA is an equal
opportunity employer.**

**After School Snacks
are available every
Monday thru Thursday
in the High School
Cafeteria
2:30pm-3:30pm**

**Middle Schoolers are
welcome!!**